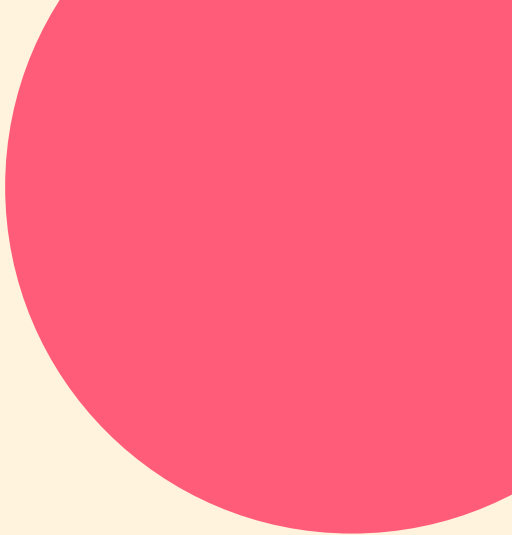




Conversation Starters for Couples

Openers for dinner, the car, and the ten minutes before sleep — when neither of you knows what to say.

HOW TO USE THIS DECK

1. Print on A4. Card stock works best, plain paper is fine.
2. Cut along the grey lines - nine cards per sheet.
3. Keep the three levels in separate piles, or shuffle them together.
4. One person reads a card. Everyone answers. No skipping twice in a row.

LEVELS

Light - 20 cards

Deeper - 20 cards

Deepest - 20 cards

COUPLES What's the best part of your day so far? LIGHT 01	COUPLES If we could teleport somewhere for dinner tonight, where are we going? LIGHT 02	COUPLES What's a small thing that made you happy this week? LIGHT 03
COUPLES What would our perfect lazy Sunday actually look like? LIGHT 04	COUPLES What's something you want to try that we've never done together? LIGHT 05	COUPLES If we adopted a pet tomorrow, what are we naming it? LIGHT 06
COUPLES What's a memory of us that always makes you laugh? LIGHT 07	COUPLES What did you daydream about today? LIGHT 08	COUPLES Which of us is more likely to be late, and why is it you? LIGHT 09

COUPLES What's a topic you could talk about for an hour without stopping? LIGHT 10	COUPLES What's the last thing that genuinely surprised you? LIGHT 11	COUPLES If we had to move to another country in a month, where? LIGHT 12
COUPLES What's a food you'd eat every day without getting bored? LIGHT 13	COUPLES What's your favourite thing about our home? LIGHT 14	COUPLES What would you spend a completely free afternoon doing? LIGHT 15
COUPLES What's a small luxury you think is worth every penny? LIGHT 16	COUPLES If we wrote a book about our first year together, what's the title? LIGHT 17	COUPLES What's the nicest thing a stranger has done for you? LIGHT 18

COUPLES What's on your list for us this year? LIGHT 19	COUPLES What song should be playing when we walk into a room together? LIGHT 20	COUPLES What's something you've been thinking about a lot lately? DEEPER 01
COUPLES When was the last time you felt fully relaxed with me? DEEPER 02	COUPLES What's a way I could make your week easier? DEEPER 03	COUPLES What's something you'd like to be braver about? DEEPER 04
COUPLES What do you want more of in your life right now? DEEPER 05	COUPLES What's a part of your day you wish you could hand to someone else? DEEPER 06	COUPLES When do you feel most like yourself? DEEPER 07

COUPLES What's something you're proud of that you don't get to mention often? DEEPER 08	COUPLES What kind of support helps you most when you're stressed? DEEPER 09	COUPLES What's a dream you've quietly downgraded? DEEPER 10
COUPLES What's something you want us to be better at? DEEPER 11	COUPLES What do you think you've taught me without meaning to? DEEPER 12	COUPLES When did you last feel truly seen by someone? DEEPER 13
COUPLES What's a conversation you wish we had more often? DEEPER 14	COUPLES What worries you about the next few years? DEEPER 15	COUPLES What's a habit of ours you'd like to keep forever? DEEPER 16

COUPLES  How do you want to be treated when you're upset? DEEPER 17	COUPLES  What's something you've never told me about your childhood? DEEPER 18	COUPLES  What's changed most about you in the last five years? DEEPER 19
COUPLES  What do you want to have said yes to by this time next year? DEEPER 20	COUPLES  What's something you need from me that you've stopped asking for? DEEPEST 01	COUPLES  When have you felt most alone in this relationship? DEEPEST 02
COUPLES  What's a fear about our future you keep to yourself? DEEPEST 03	COUPLES  What part of your past still affects how you love? DEEPEST 04	COUPLES  What would you want me to understand about you that I clearly don't? DEEPEST 05

COUPLES



**What's the hardest thing
you've survived, and who
knows about it?**

DEEPEST 06

COUPLES



**What do you think we're both
pretending is fine?**

DEEPEST 07

COUPLES



**If you could redo one moment
between us, which one?**

DEEPEST 08

COUPLES



**What do you need me to
forgive you for?**

DEEPEST 09

COUPLES



**What's a truth about yourself
you're still learning to accept?**

DEEPEST 10

COUPLES



**What would our relationship
look like at its best version?**

DEEPEST 11

COUPLES



**What are you most afraid I'll
stop doing?**

DEEPEST 12

COUPLES



**What do you grieve that no
one thinks to ask about?**

DEEPEST 13

COUPLES



**What's something you've
wanted to say for months?**

DEEPEST 14

COUPLES



What kind of person do you want to be by the end of this decade?

DEEPEST 15

COUPLES



What would you regret leaving unsaid?

DEEPEST 16

COUPLES



When did you last feel like giving up on something, and did you?

DEEPEST 17

COUPLES



What do you want our life to feel like, not look like?

DEEPEST 18

COUPLES



What's the kindest thing I could do for you right now?

DEEPEST 19

COUPLES



What do you hope is still true about us in twenty years?

DEEPEST 20