



First Date Conversation Starters

Openers for the first ten minutes, when neither of you has settled yet.

HOW TO USE THIS DECK

1. Print on A4. Card stock works best, plain paper is fine.
2. Cut along the grey lines - nine cards per sheet.
3. Keep the three levels in separate piles, or shuffle them together.
4. One person reads a card. Everyone answers. No skipping twice in a row.

LEVELS

Opener - 20 cards

Warmer - 20 cards

Real - 20 cards

DATING How was getting here — did anything go wrong? OPENER 01	DATING Have you been here before, or are we both guessing? OPENER 02	DATING What's been the best part of your week? OPENER 03
DATING Are you a nervous-talker or a nervous-quiet person? OPENER 04	DATING What did you do today before this? OPENER 05	DATING What's the last thing you recommended to someone? OPENER 06
DATING Are you good at picking restaurants or is that my job? OPENER 07	DATING What's something you're looking forward to this month? OPENER 08	DATING How long have you lived around here? OPENER 09

DATING What's your Sunday usually look like? OPENER 10	DATING What's the last thing that made you properly laugh? OPENER 11	DATING Are you more of a plans person or a see-what-happens person? OPENER 12
DATING What did you nearly do instead of tonight? OPENER 13	DATING What's something you've been into lately? OPENER 14	DATING What's your coffee order, and is it a personality? OPENER 15
DATING What's the last place you travelled to? OPENER 16	DATING Do you cook, or do you order and pretend? OPENER 17	DATING What's a small thing that always improves your day? OPENER 18

DATING What were you like at eighteen? OPENER 19	DATING What's the best thing about your week so far? OPENER 20	DATING What made you want to meet up? WARMER 01
DATING What do you actually enjoy about what you do? WARMER 02	DATING What's something you've got better at recently? WARMER 03	DATING What kind of people do you gravitate towards? WARMER 04
DATING What's a change you've made that worked? WARMER 05	DATING What did you think you'd be doing by now? WARMER 06	DATING What's the last thing that shifted how you think? WARMER 07

DATING What do you do when life gets heavy? WARMER 08	DATING What's a friendship that's shaped you? WARMER 09	DATING What's something you'd like to do more of? WARMER 10
DATING What are you like when you're stressed? WARMER 11	DATING What's something people find surprising about you? WARMER 12	DATING What did you grow up around that you've kept? WARMER 13
DATING What's a risk you've taken recently? WARMER 14	DATING What part of yourself are you actively trying to change? WARMER 15	DATING How do you know when you like someone? WARMER 16

DATING What are you not willing to negotiate on? WARMER 17	DATING What's your relationship with your family like? WARMER 18	DATING What's the last thing you were really excited about? WARMER 19
DATING What do you want the next couple of years to look like? WARMER 20	DATING What are you actually hoping to find? REAL 01	DATING What's the hardest thing you've been through recently? REAL 02
DATING What have your last relationships taught you? REAL 03	DATING What do you know you do wrong in relationships? REAL 04	DATING What would someone need to understand about you early? REAL 05

DATING



What are you still recovering from?

REAL 06

DATING



When did you last feel really happy, and where were you?

REAL 07

DATING



What do you want that you don't usually admit on a first date?

REAL 08

DATING



What's the thing you're most afraid of repeating?

REAL 09

DATING



What kind of love did you see growing up?

REAL 10

DATING



What would make you walk away from something promising?

REAL 11

DATING



What are you not telling me because it's the first date?

REAL 12

DATING



What do you need from someone to feel safe?

REAL 13

DATING



What's something you'd want a partner to be patient with?

REAL 14

DATING



When have you been the problem?

REAL 15

DATING



What's a version of yourself you're leaving behind?

REAL 16

DATING



What do you want to be different about your life a year from now?

REAL 17

DATING



What would you want said about you by someone who loved you?

REAL 18

DATING



What's the loneliest you've felt lately?

REAL 19

DATING



What's the question you're glad I haven't asked yet?

REAL 20