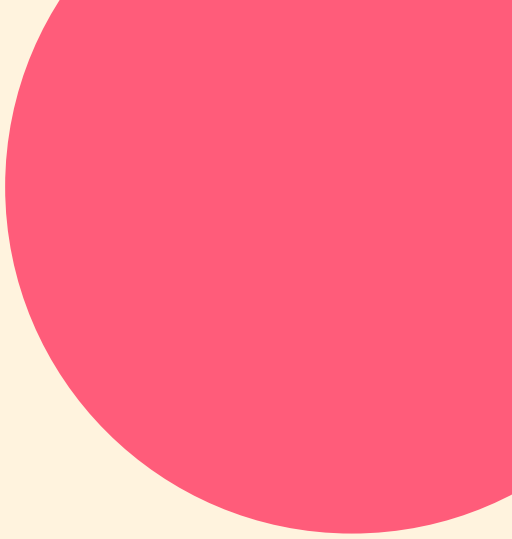




Pillow Talk Questions

For the last twenty minutes of the day, when the lights are off and the guard is down.

HOW TO USE THIS DECK

1. Print on A4. Card stock works best, plain paper is fine.
2. Cut along the grey lines - nine cards per sheet.
3. Keep the three levels in separate piles, or shuffle them together.
4. One person reads a card. Everyone answers. No skipping twice in a row.

LEVELS

Light - 20 cards

Deeper - 20 cards

Deepest - 20 cards

COUPLES  What was the best minute of your day? LIGHT 01	COUPLES  What are you thinking about right now, before you answer properly? LIGHT 02	COUPLES  What do you want tomorrow to look like? LIGHT 03
COUPLES  What's a dream you had recently that stuck with you? LIGHT 04	COUPLES  What smells like comfort to you? LIGHT 05	COUPLES  What's your favourite thing about falling asleep next to me? LIGHT 06
COUPLES  If we could wake up anywhere tomorrow, where? LIGHT 07	COUPLES  What's a memory that always makes you calm? LIGHT 08	COUPLES  What's the last thing that made you feel young? LIGHT 09

COUPLES What sound do you love that most people ignore? LIGHT 10	COUPLES What did you overthink today that didn't deserve it? LIGHT 11	COUPLES What's your favourite version of this room? LIGHT 12
COUPLES What do you want more of tomorrow than you had today? LIGHT 13	COUPLES What's something you've been quietly looking forward to? LIGHT 14	COUPLES What did you daydream about this week? LIGHT 15
COUPLES What's a place you go in your head when you can't sleep? LIGHT 16	COUPLES What's the softest memory you have of your childhood? LIGHT 17	COUPLES What would your perfect morning tomorrow be? LIGHT 18

COUPLES What's something small I did today that you noticed? LIGHT 19	COUPLES What are you grateful for right now, in this exact bed? LIGHT 20	COUPLES What's been sitting on your chest lately? DEEPER 01
COUPLES What do you need more of from me that's hard to ask for at dinner? DEEPER 02	COUPLES When do you feel closest to me? DEEPER 03	COUPLES What's something you're afraid of that only shows up at night? DEEPER 04
COUPLES What did you want your life to look like at this age? DEEPER 05	COUPLES What's a part of yourself you only show me here? DEEPER 06	COUPLES What do you worry about when you can't sleep? DEEPER 07

COUPLES What's something you've been proud of and haven't mentioned? DEEPER 08	COUPLES When did you last feel completely at peace? DEEPER 09	COUPLES What's a piece of your past you think about more than you let on? DEEPER 10
COUPLES What do you wish I understood without you explaining? DEEPER 11	COUPLES What have you been putting off feeling? DEEPER 12	COUPLES What would make tomorrow lighter for you? DEEPER 13
COUPLES What's a version of us you love most? DEEPER 14	COUPLES What did you need today that you didn't get? DEEPER 15	COUPLES What's something you've never said out loud in daylight? DEEPER 16

COUPLES When do you feel most loved by me? DEEPER 17	COUPLES What's a decision you're quietly wrestling with? DEEPER 18	COUPLES What do you miss that you haven't named? DEEPER 19
COUPLES What's the kindest thing anyone has done for you? DEEPER 20	COUPLES What are you most afraid of losing? DEEPEST 01	COUPLES What's the thought that comes when the room goes quiet? DEEPEST 02
COUPLES What have you never told anyone, including me? DEEPEST 03	COUPLES What do you carry from your childhood that still runs your life? DEEPEST 04	COUPLES What would you do differently if nobody would be disappointed? DEEPEST 05

COUPLES



**What's a grief you've never
given yourself permission to
feel?**

DEEPEST 06

COUPLES



Who do you miss tonight?

DEEPEST 07

COUPLES



**What do you need forgiveness
for?**

DEEPEST 08

COUPLES



**What's the loneliest you've
ever been?**

DEEPEST 09

COUPLES



**What part of you feels unseen,
even by me?**

DEEPEST 10

COUPLES



**What would you want me to
know if you couldn't tell me
tomorrow?**

DEEPEST 11

COUPLES



**What are you pretending is
fine?**

DEEPEST 12

COUPLES



**What do you hope is true
about how I see you?**

DEEPEST 13

COUPLES



**What's the hardest thing
you've ever had to accept?**

DEEPEST 14

COUPLES



What do you want your life to have meant?

DEEPEST 15

COUPLES



What are you still hoping for that feels too late?

DEEPEST 16

COUPLES



When did you last feel truly known?

DEEPEST 17

COUPLES



What would you say to the version of you from ten years ago?

DEEPEST 18

COUPLES



What do you want to stop being afraid of?

DEEPEST 19

COUPLES



If tonight were the last quiet night, what would you want to say?

DEEPEST 20